



Management of Neck and Back Pain : Let's do better

Joint Conference of HKPA, HKARM & HKCOS

Date : 14 Oct - 15 Oct 2006

Venue : Centenary Room of the Marco Polo Hongkong Hotel

Pre-conference Workshop : 13 Oct 2006

Post-conference Workshops : 16 Oct - 18 Oct 2006

Speakers :

Dr. Louis G Jenis (USA)	Dr. Alex C P Chow (HKSAR)
Prof. Robert J Gatchel (USA)	Dr. Tak Yi Chui (HKSAR)
Prof. Gwendolen A Jull (Australia)	Dr. Thomas T W Chiu (HKSAR)
Prof. Keith D K Luk (HKSAR)	Dr. Joseph K F Ng (HKSAR)
Dr. Ying Kei Chan (HKSAR)	Ms. Nicola W K Mok (HKSAR)
Dr. Simon K C Chan (HKSAR)	Ms. Rainbow K Y Law (HKSAR)
Dr. Kwok Chung Lai (HKSAR)	Mr. Danny K C Chan (HKSAR)
Dr. Steven H S Wong (HKSAR)	Mr. Raymond C C Tsang (HKSAR)
Dr. Phoon Ping Chen (HKSAR)	

Final Announcement

Deadline for Registration : 16 Sept 2006

CPD & CME Accreditation : Refer to attached information

Registration and Enquiry:

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Hong Kong
Physiotherapy
Association



Orthopaedic Rehabilitation
Subspecialty Board
The Hong Kong College of
Orthopaedic Surgeons



Hong Kong
Association of
Rehabilitation Medicine

Supporting Organization

Department of Rehabilitation Sciences
The Hong Kong Polytechnic University



<http://www.hongkongpa.com.hk/jointconference2006.html>

Management of Neck and Back Pain: Let's do better

Tentative Program

14 October 2006 (Saturday)		
Primary Care Evaluation and Management of LBP		
8:30 – 8:40	Opening ceremony	
8:40 – 9:40	Evidence based management	Dr. Louis G Jenis
9:40 – 10:10	From primary care to specialist management	Dr. Ying Kei Chan
10:10 – 10:30	Tea Break	
10:30 – 11:00	Current view of pathophysiology in LBP	Dr. Simon KC Chan
11:00 – 11:30	Role of imaging in non-specific LBP	Dr. Kwok Chung Lai
11:30 – 12:00	Common pitfalls in managing LBP	Dr. Louis G Jenis
12:00 – 13:00	Lunch	
Diagnostics and Therapeutics (I)		
13:00 – 14:00	Enhancing the outcomes of physiotherapy for neck disorders	Prof. Gwendolen A Jull
14:00 – 14:30	Principle of manipulative therapy for the management of spinal pain	Dr. Thomas TW Chiu
14:30 – 14:50	Tea Break	
14:50 – 15:20	Lumbopelvic stabilisation exercise in LBP	Dr. Joseph KF Ng
15:20 – 15:50	Surgical intervention	Dr. Louis G Jenis
15 October 2006 (Sunday)		
Diagnostics and Therapeutics (II)		
8:30 – 9:30	The biopsychosocial approach to chronic pain: An overview	Prof. Robert J Gatchel
9:30 – 10:00	Electrodiagnosis in patients with weakness and numbness	Dr. Alex CP Chow
10:00 – 10:20	Tea Break	
10:20 – 10:50	Outcome Measures for Low Back Pain - Application and Interpretation	Mr. Raymond CC Tsang
10:50 – 11:20	Balance impairment and LBP	Ms. Nicola WK Mok
11:20 – 11:50	Oriental concept of manual therapy in the management of back and neck pain	Mr. Danny KC Chan
11:50 – 13:00	Lunch	
Management of Challenging LBP		
13:00 – 13:30	Failed back surgery	Prof. Keith DK Luk
13:30 – 14:00	Intervention management	Dr. Steven HS Wong
14:00 – 14:30	Pharmacological management	Dr. Phoon-Ping Chen
14:30 – 15:00	Tea Break	
15:00 – 15:30	Multidisciplinary chronic pain management and rehabilitation	Dr. Tak Yi Chui
15:30 – 16:00	Role of functional capacity evaluation in rehabilitation and return to work process	Ms. Rainbow KY Law
16:00 – 16:40	Case conference	Prof. Keith DK Luk, Prof. Robert J Gatchel, Dr. Louis G Jenis, Prof. Gwendolen A Jull
16:40 – 17:00	Closing remark	

Joint Conference 2006 : Management of Neck & Back Pain

Tentative Schedule of Workshops & Seminar

Date	Time	Name of Workshop	Instructor	Capacity	Venue	Course Fee
Pre-conference Workshop						
13 Oct. 06 Friday	9:00am – 5:00 pm	Rehabilitation for Cervical Disorders	Professor Gwendolen A Jull	40	PolyU	HK\$1,000
Post-conference Workshops / Seminar						
16 Oct. 06 Monday	2:00pm – 5:00pm	Assessment and training of transversus abdominis and multifidus muscles using real-time ultrasound imaging	Dr. Joseph K F Ng	30	PolyU	HK\$500
16 Oct. 06 Monday	6:30pm – 9:00pm	Interdisciplinary Functional Restoration for Pain and Disability: Assessment, Treatment and Outcomes	Professor Robert J Gatchel	180	Lecture Theatre, M Ground, Queen Elizabeth Hospital	HK\$100
17 Oct 06 Tuesday	9:00am – 5:00 pm	Manipulative Physiotherapy in Sacro-iliac Joint Dysfunction : Assessment & Treatment	Mr. Desmond Y W Lam	40	KL 4, West Wing, Kowloon Hospital	HK\$1,000
18 Oct 06 Wednesday	9:00am – 1:00 pm	Concept Oriental manual Therapy (COMT) in the management of neck pain	Mr. Danny K C Chan	40	KL 4, West Wing, Kowloon Hospital	HK\$500
18 Oct 06 Wednesday	2:00pm – 5:00 pm	Concept Oriental Manual Therapy (COMT) in the management of back pain	Mr. Danny K C Chan	40	KL 4, West Wing, Kowloon Hospital	HK\$500



Joint Conference 2006

Management of Neck and Back Pain: Let's do better

I. Registration Form : Conference on 14 –15th October 2006

Surname : _____ Given Name: _____

Title : Prof. Dr. Ms. Mrs. Mr. Others _____

Company / Institution : _____

Professional Affiliation: HKPA (membership no. _____) HKCOS HKARM
 Others _____

Correspondence Address : _____

Telephone No. : _____ (Office) _____ (Mobile)

Fax. No.: _____ E-mail: _____

Signature : _____ Date : _____

Registration Fee

	Members of HKPA, HKCOS or HKARM	Others
Full registration (2 Lunch included)	<input type="checkbox"/> \$1000.	<input type="checkbox"/> \$1400.
Full registration (Lunch excluded)	<input type="checkbox"/> \$ 750.	<input type="checkbox"/> \$1150.

The conference fee includes access to all lecture sessions, exhibition hall, one copy of proceeding, tea and coffee while lunch is subjected to registration package. Registration fee is non-refundable. Only *unsuccessful* applicants will be notified individually.

Please return the completed registration form and cheque / bankdraft (HK dollar only) made payable to “ **Hong Kong Physiotherapy Association Limited**” to
the secretariat of Joint Conference 2006,
c/o Ms. Rosanna Chau, Physiotherapy Department, 1/F, Rehabilitation Building, Kowloon Hospital
Mongkok, Kowloon, Hong Kong SAR.

For enquiry, please contact Ms. Rosanna Chau at 3129 7123 or Ms. Eva Wong at 3129 7137.

Deadline of registration : 16 September 2006.

Conference website :

<http://www.hongkongpa.com.hk/jointconference2006.html>



Joint Conference 2006

Interdisciplinary Functional Restoration for Pain and Disability: Assessment, Treatment and Outcomes

II. Seminar Registration Form

Speaker : Professor Robert J Gatchel
Date : 16 October 2006 (Monday)
Time: 6:30pm – 9:00pm
Venue : Lecture Theatre, M Ground, QEH
Registration Fee : HK\$100.

Surname : _____ Given Name: _____

Title : Prof. Dr. Ms. Mrs. Mr. Others _____

Company / Institution : _____

Professional Affiliation: HKPA (membership no. _____) HKCOS HKARM
 Others _____

Correspondence Address : _____

Telephone No. : _____ (Office) _____ (Mobile)

Fax. No.: _____ E-mail: _____

Signature : _____ Date : _____

Please return the completed registration form and cheque / bankdraft (HK dollar only) made payable to “**Hong Kong Physiotherapy Association Limited**” to
the secretariat of Joint Conference 2006,
c/o Ms. Rosanna Chau, Physiotherapy Department, 1/F, Rehabilitation Building, Kowloon Hospital
Mongkok, Kowloon, Hong Kong SAR.

Registration fee is non-refundable. Only *unsuccessful* applicants will be notified individually.

For enquiry, please contact Ms. Rosanna Chau at 3129 7123 or Ms. Eva Wong at 3129 7137.

Deadline of registration 16 September 2006.



Joint Conference 2006

Management of Neck and Back Pain: Let's do better

III. Registration Form for Workshops

Surname : _____ Given Name: _____

Title : Prof. Dr. Ms. Mrs. Mr. Others _____

Company / Institution : _____

Professional Affiliation: HKPA (membership no. _____) HKCOS HKARM
 Others _____

Correspondence Address : _____

Contact Phone No. : _____ Fax. No.: _____ E-mail: _____

In consideration of HKPA Ltd. accepting my application to study the workshops listed below, I hereby agree to waive all my claims (howsoever accrued) against HKPA Ltd.

Signature : _____ Date : _____

Registration Fee				HKPA, HKCOS, HKARM	
	Date	Title of Workshop	Venue	Members	Non-member
1.	13 Oct. 06	Rehabilitation for Cervical Disorders	PolyU	<input type="checkbox"/> \$1,000.	<input type="checkbox"/> \$1,400.
2.	16 Oct. 06 pm	Assessment & Training of Transversus Abdominis & Multifidus Muscles Using Real-time Ultrasound Imaging	PolyU	<input type="checkbox"/> \$ 500.	<input type="checkbox"/> \$ 900.
3.	17 Oct 06	Manipulative Physiotherapy in Sacro-iliac Joint Dysfunction : Assessment & Treatment	Kowloon Hospital	<input type="checkbox"/> \$1,000.	<input type="checkbox"/> \$1,400.
4.	18 Oct 06 am	Concept Oriental manual Therapy (COMT) in the management of neck pain	Kowloon Hospital	<input type="checkbox"/> \$ 500.	<input type="checkbox"/> \$ 900.
5.	18 Oct 06 pm	Concept Oriental Manual Therapy (COMT) in the management of back pain	Kowloon Hospital	<input type="checkbox"/> \$ 500.	<input type="checkbox"/> \$ 900.

Please return the completed the registration form and write a **separate** cheque for **each** workshop, made payable to “**Hong Kong Physiotherapy Association Limited**” to

the secretariat of Joint Conference 2006,

c/o Ms. Rosanna Chau, Physiotherapy Department, 1/F, Rehabilitation Building, Kowloon Hospital, Mongkok, Kowloon, Hong Kong SAR.

Kindly remember to send a **separate cheque**/ bankdraft for each **individual** workshop. Registration fee is non-refundable. Confirmation note to successful applicants & return of cheque to unsuccessful applicants will be sent on or before **6 October 2006**.

For enquiry, please contact Ms. Rosanna Chau at 3129 7123 or Ms. Eva Wong at 3129 7137.

Deadline of registration : 16 September 2006

CPD Points For the Joint Conference 2006, Pre- and Post-conference Workshop & Seminar – Physiotherapist

CPD Code	Points Allocated	Duration (Hour)	Start Date - End Date	Title of the Program	Speaker(s)	Venue	Primary / Secondary Specialty Stream	CPD Categories Sub-Categories (Core/Non-core)	Organizer
AC1060130	10	17	14-Oct-06 15-Oct-06	Management of Neck & Back Pain: Let's do better	Dr. Louis Jenis, Prof Gwendolen A Jull, Prof Robert Gatchel	Macro Polo Hongkong Hotel	Musculoskeletal	1 Core	Hong Kong Physiotherapy Association (HKPA), Sub-specialty Board in Orthopaedics Rehabilitation of HK College of Orthopaedics Surgeons (HKCOS), HK Association of Rehabilitation Medicine (HKARM)
AC1060131	5	8	13-Oct-06	Rehabilitation for Cervical Disorders	Prof Gwendolen A Jull	PolyU	Musculoskeletal		
AC1060132	3	3	16-Oct-06	Assessment & training of transversus abdominis & multifidus muscles using real-time ultrasound imaging	Dr. Joseph K F Ng	PolyU	Musculoskeletal		
AC1060133	3	2.5	16-Oct-06	Interdisciplinary Functional Restoration for Pain and Disability: Assessment, Treatment and Outcomes	Prof Robert J Gatchel	Lecture theatre, M Gound, QEH	Musculoskeletal		
AC1060134	5	8	17-Oct-06	Manipulative Therapy in Sacro-iliac Joint Dysfunction: Assessment & Treatment	Mr. Desmond YW Lam	KL4, West Wing, Kowloon Hospital	Musculoskeletal Manipulative Therapy		
AC1060135	4	4	18-Oct-06	Concept Oriental Manual Therapy (COMT) in the Management of Neck Pain	Mr. Danny KC Chan	KL4, West Wing, Kowloon Hospital	Musculoskeletal		
AC1060136	3	3	18-Oct-06	Concept Oriental Manual Therapy (COMT) in the Management of Back Pain	Mr. Danny KC Chan	KL4, West Wing, Kowloon Hospital	Musculoskeletal		

CME Points Accreditation

Joint Conference 2006: Management of Neck and Back Pain: Let's Do Better (14 - 15 October 2006)

College	Abbreviation	Whole Conference	14-Oct-06	15-Oct-06	CME Category
Anaesthesiologists	HKCA	12	5.5	6.5	Anaes
Community Medicine	HKCCM	Max. 10	6	6	---
Dental Surgeons	CDSHK	12.5	6	6.5	Cat B
Emergency Medicine	HKCEM	12	6	6	---
Family Physicians	HKCFP	10	5	5	Cat 5.2
Obstetricians & Gynaecologists	HKCOG	5	5	5	non O&G
Ophthalmologists	COHK	---	2.5	3	Passive
Orthopaedic Surgeons	HKCOS	8	---	---	Cat A/ Rehab
Otorhinolaryngologists	HKCORL	2	---	---	Cat 2.2
Paediatricians	HKPead	---	6	6	Cat A
Pathologists	HKCPath	6	3	3	Passive
Psychiatrists	HKCPsy	12	6	6	List B
Radiologists	HKCR	---	5.5	6.5	Cat B
Surgeons	CSHK	11.5	5.5	6	Passive

Workshops & Seminar by Hong Kong College of Anaesthesiologists

Title of the Program	Date	Duration (hours)	CME Accredited
Rehabilitation for Cervical Disorders	13-Oct-06	8	5
Assessment & training of Transversus Abdominis & Multifidus Muscles Using real-time Ultrasound Imaging	16-Oct-06	3	3
Interdisciplinary Functional Restoration for Pain and Disability: Assessment, Treatment and Outcomes	16-Oct-06	2.5	2.5
Manipulative Therapy in Sacro-iliac Joint Dysfunction: Assessment & Treatment	17-Oct-06	8	6
Concept Oriental Manual Therapy (COMT) in the Management of Neck Pain	18-Oct-06	4	4
Concept Oriental Manual Therapy (COMT) in the Management of Back Pain	18-Oct-06	3	3