

Asia Pacific Shoulder Platform

Asia Pacific Shoulder Platform is for Orthopedic Surgeons with special interest in shoulder pathology and treatment. It started with senior advisors from 10 Asia Pacific cities/countries, and welcomes membership from all countries worldwide, especially from Asia-Pacific.

Total Shoulder Solutions Online Symposium

Saturday, 26th September 2020

*the Saturday IHM is incorporated into the first session of the Symposium



Welcome to 2020 "Total Shoulder Solutions" Online Symposium

The first Total Shoulder Solution On-line Symposium will be held on Saturday 26th September 2020 in Hong Kong, with the programme including "Re-live surgery" broadcasts, didactic lectures, Orthopaedic Crossfire Debates, Exploring Treatment Talks and Interactive Case Discussion sessions.

For Orthopedic Surgeons with special interest in shoulder pathology and treatment: The aim is to share knowledge and techniques amongst each other and to improve skills on treating shoulder pathology. This platform was initiated by Hong Kong Orthopaedic surgeon Dr. Wilson Li around the beginning the NCoV-2019 pandemic, during which future difficulty in organizing face-to-face educational events was anticipated.

It was designed as a leading course in the field. The objective is to teach modern treatment concepts on various shoulder pathologies, including trauma, sports injuries, and degenerative or inflammatory conditions. Orthopaedic surgeons from all over the Asia Pacific region will be invited.

Register at



Dr. Wilson Li,
Queen Elizabeth Hospital, Hong Kong
Course Director &
President-Elect, Hong Kong College of Orthopaedic Surgeons



Organised & Hosted by HKCOS Co-organised by HKOA SMC

- 5 Category A / 3 Category Rehab CME/CPD points (for HKCOS Fellow)
- 5 Regular Training point (for HKCOS Trainee)
- 3 Rehab Training points (for HKCOS Rehabilitation Subspecialty Trainee)

 DePuySynthes
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Course Director



Dr. Wilson Li,
Queen Elizabeth Hospital, Hong Kong
President-Elect,
Hong Kong College of Orthopaedic Surgeons

- RELIVE: SURGERY
- EXPLORING TREATMENT TALKS
- ORTHOPAEDIC CROSSFIRE DEBATES
- INTERACTIVE CASE DISCUSSION SESSIONS

Sports

Chairman

Dr. Peter WP Yau,
Queen Mary Hospital,
Hong Kong



Co-Chairman

Dr. Gary WH Yip,
Queen Elizabeth Hospital,
Hong Kong



Arthroplasty

Chairman

Dr. Hang-Cheong Cheng,
United Christian Hospital,
Hong Kong



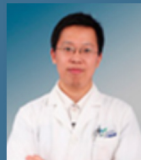
Trauma

Chairman

Dr. Christian Fang,
Queen Mary Hospital,
Hong Kong



International Guest Speakers



Dr. Yiming Zhu,
China



Prof. Joo Han Oh,
Korea



Dr. Desmond Ong,
Singapore



Dr. Denny Lie,
Singapore



Prof. Stefaan Nijs,
Belgium



Prof. Sang-Jin Shin,
Korea

Local Faculty Speakers



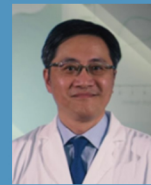
Prof. Patrick Yung



Prof. Daniel Mok



Dr. Pui-Yau Lau



Prof. Frankie Leung

UTC+08:00
Hong Kong Time

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08:30

Sport Session I:
Controversies on Instability

10:35

Sport Session II:
Treating the complex rotator cuff tears

13:05

Arthroplasty Session:
Reverse Shoulder Arthroplasty : Indications & Technique

15:45

Trauma Session:
Focus on Proximal Humeral Fractures



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Preliminary programme

08:30am – 10:35pm	<u>Sports Session I: Controversies on Instability</u>	<u>Chairman: Dr. Peter Yau</u>
8:30 AM	Welcome & Introduction	Dr. Peter Yau
8:35 AM	Tips & Tricks for successful and smooth repair of different Labral tear of the Shoulder	Prof. Patrick Yung
9:05 AM	Different treatment options and technique for Bony Bankart lesions	Prof. Daniel Mok vs Dr. Yiming Zhu
9:35 AM	Modified arthroscopic Latarjet technique and clinical outcome	Dr. Yiming Zhu
10:05 AM	Cases & Panel Discussion (Instability)	Dr. Peter Yau
10:35am – 01:05pm	<u>Sports Session II: Treating the complex rotator cuff tears</u>	
10:35 AM	[Re-live surgery] Double Row Rotator cuff repair	Dr. Peter Yau
11:05 AM	Advanced Techniques for Large Tears – Options for the Large Cuff Tear	Dr. Joo Han Oh
11:35 AM	Irreparable Cuff Tears: Superior Capsular Reconstruction Indications & Clinical Results	Dr. Peter Yau
12:05 PM	Irreparable Cuff Tears: Tendon Transfers around the Shoulder Girdle	Dr. Desmond Ong
12:35 PM	Panel Discussion & Cases (Cuff)	Dr. Gary Yip
01:05pm – 3:45pm	<u>Arthroplasty Session: Reverse Shoulder Arthroplasty : Indications & Technique</u>	<u>Chairman: Dr HC Cheng</u>
1:05 PM	[Re-live surgery] Reverse Shoulder Arthroplasty: Surgical Tips & Tricks	Dr. Denny Lie
1:25 PM	Implant Design and Placement in RSA	Dr. Denny Lie
1:45 PM	RSA for Acute Fractures - Rationale, Technique & Results	Dr. Sang-Jin Shin
2:05 PM	RSA for Cuff Tear Arthropathy: Pearls & Perils	Dr. Pui-Yau Lau
2:25 PM	Primary OA in Patients >70 Years: TSA or RSA?	Dr. Daniel Mok
2:45 PM	Unstable RSA: Prevention and Management	Dr. Daniel Mok
3:05 PM	3D printing, PSI, and Augmented Reality in RSA	Dr. Christian Fang
3:25 PM	Panel Discussion & Cases (RSA)	Dr. HC Cheng, Dr. C Fang, Dr. YC Siu
3:45pm – 7:00 pm	<u>Trauma Session: Focus on Proximal Humeral Fractures</u>	<u>Chairman: Dr. Christian Fang</u>
3:45 PM	Proximal Humerus Fracture: Prediction & Repairability: When to Fix & When to Replace?	Dr. Wilson Li
4:15 PM	Orthopaedic Cross-Fire : Treatment on Three-and FourPart Proximal Humerus Fractures by Nailing vs Plating	Prof. Stefaan Nijs vs Prof. Frankie Leung
4:45 PM	Exploring treatment: Discussion on Augmentation in proximal Humeral Fractures - PMMA vs ABG vs SBS	Prof. Frankie Leung vs Dr. Wilson Li
5:15 PM	Exploring treatment: Tips & Tricks in Screw fixation & rotator cuff suture attachment in Nailing 3-4 part proximal humerus fractures	Prof. Stefaan Nijs
5:45 PM	Exploring treatment: MIPO in proximal humerus fracture and treatment of complication of ORIF	Dr. Sang-Jin Shin
6:05 PM	Exploring treatment: Nailing for 4 part fractures and nailing in revision ORIF	Dr. Christian Fang
6:25 PM	Panel Discussion & Cases for Proximal Humeral Fractures	Dr. Christian Fang, Dr. Dennis Yee
6:55 PM	Closing Remarks	Dr. Wilson Li

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