

THE HONG KONG COLLEGE OF ORTHOPAEDIC SURGEONS

List of Accredited Training Activities for Trainees

A) Local Training Programs with Core Training Point	Organizer	Core Training Point
1. Saturday Inter-hospital Meeting	HKCOS	2
2. HKCOS Clinical Tutorials for Higher Trainees	HKCOS	2
3. HKCOS Specialty Day	HKCOS	4
4. HKCOS Clinical Tutorials at Beijing JST Hospital	HKCOS	8

B) Local Training Programs with Regular Training Point	Organizer	Regular Training Point
1. Advanced Trauma Life Support Course	ACS-COT	10
2. RCSEd & CSHK Basic Surgical Skill Course	RCSEd & CSHK	8
3. AO Courses	AO	8
4. Asian Association for Dynamic Osteosynthesis Annual Workshop or Meeting	AADO	8
5. Combined Meetings of Kowloon West Hospitals	Kowloon West Hospitals	2
6. Combined Meetings of PWH & AHNH	PWH & AHNH	1
7. Combined Meetings of TKOH & UCH	TKOH & UCH	2
8. Combined Meetings of DKCH & QMH	DKCH & QMH	2
9. Combined Meetings of NDH & TMH	NDH & TMH	2
10. AADO-OLC Comprehensive Bioskill Course on Fracture Fixation	AADO	8
11. CUHK-Microsurgery Basic Course	CUHK	10
12. HKCOS Annual Rehabilitation Symposium	HKCOS	8
13. HKCOS Basic Orthopaedic Bioskill Workshop	HKCOS	5
14. HKCOS Scientific Workshops or Meetings	HKCOS	5
15. Preparatory Course for HKCOS Exit Examination	HKCOS	10
16. HKOA Annual Congress	HKOA	15

17. HKOA Scientific Workshops or Meetings	HKOA	5
18. HKSSH Annual Congress	HKSSH	8
19. HKSSH Workshops or Meetings	HKSSH	5
20. Hong Kong Association of Sports Medicine & Sports Sciences Annual Workshop or Meeting	Hong Kong Association of Sports Medicine & Sports Sciences	5
21. Hong Kong International Orthopaedic Forum	HKU	8
22. Lectures by visiting professors of a university, hospital, HKOA or HKCOS	University/ Hospital, HKOA/ HKCOS	1* (per 1 hour lecture)
23. APOS & HKSH & UH Orthopaedic Clinical Meeting - Teleconference between HKSH and UH	APOS & HKSH & UH	2
24. HKOA Sports Medicine Chapter Trimonthly Meetings	HKOA - Sports Medicine Chapter	2
25. Regular Academic/Professional Meetings of the Association of Private Orthopaedic Surgeons	APOS	2
26. Basic Sciences & Anatomy Course for FRCS(ED)(ORTHO)/FHKCOS Examination	HKU	8
27. Acute & Definitive Management of Unstable Pelvic Injuries Course	QEH - MDSSC	Lecture: 2 Simulation Workshop: 3

**If the lecture is part of a symposium / congress / workshop / forum which has been accorded Training point(s) as a whole, then there will be no additional Training point(s).*

C) Overseas Training Programs with Regular Training Point	Organizer	Regular Training Point
1. American Academy of Orthopaedic Surgeons (AAOS) Annual Meeting	AAOS	15
2. Chinese Orthopaedic Association (COA) Annual Meeting	COA	15
3. British Orthopaedic Association (BOA) Annual Congress	BOA	8
4. Canadian Orthopaedic Association (COA) Annual Congress	COA	8
5. Australian Orthopaedic Association (AOA) Annual Scientific Meeting	AOA	8
6. Japanese Orthopaedic Association (JOA) Annual Congress	JOA	8
7. Asian Pacific Orthopaedic Association (APOA) – Main Congress	APOA	8
8. Asian Pacific Orthopaedic Association (APOA) – Sectional Meeting	APOA	8
9. ASEAN Orthopaedic Association (AOA) Meeting	AOA	8
10. American Orthopaedic Association (AOA) Meeting	AOA	8
11. SICOT Main Congress	SICOT	8
12. Chinese Speaking Orthopaedic Society (CSOS) Scientific Congress	CSOS	8

13. Annual Congress of IFSSH and Asian Pacific Federation of Societies for Surgery of the Hand	IFSSH/APFSSH	8
14. World Congress of International Federation of Sports Medicine & Asian Federation of Sports Medicine	FIMS/AFSM	8
15. Arthroscopy Association of North America (AANA) Master's Experience Course	AANA	8
16. Annual American Academy of Orthopaedic Surgeons (AAOS) Workers' Compensation and Musculoskeletal Injuries	AAOS	8
17. AO Course - Davos	AO	8
18. AO Specialty Course - Davos	AO	8
19. Annual Educational Conference & Expo Academy of Spinal Cord Injury Professionals	ASCIP	8
20. American Spinal Injury Association (ASIA) Annual Meeting	ASIA	8
21. Annual Meeting of American Society for Surgery of the Hand (ASSH)	ASSH	8
22. Annual Current Concepts in Joint Replacement – Spring / Winter Meeting	CCI	8
23. Annual Congress of Federation of European Societies for Surgery of the Hand (FESSH)	FESSH	8
24. Fragility Fracture Network (FFN) Global Congress	FFN	8
25. International Meeting on Advanced Spine Techniques, organised by SRS	IMAST	8
26. The International Osteoporosis Foundation (IOF) Regionals Asia-Pacific Osteoporosis Meeting	IOF	8
27. ISAKOS Annual Congress	ISAKOS	8
28. General Meeting of the International Society of Limb Salvage (ISOLS) Meeting	ISOLS	8
29. World Congress of the International Society of Physical & Rehabilitation Medicine (ISPRM)	ISPRM	8
30. The International Society for the Study of the Lumbar Spine	ISSLS	8
31. Annual Meeting of Japanese Society for Surgery of the Hand (JSSH)	JSSH	8
32. New Zealand Orthopaedic Association (NOA) Annual Congress	NOA	8
33. The Orthopaedic Trauma Association (OTA) Annual Meeting	OTA	8
34. Scoliosis Research Society (SRS) Annual General Meeting	SRS	8
35. World Congress of World Society for Reconstructive Microsurgery	WSRM	8