

HKCOS Newsletter

IN THE PANDEMIC OF COVID-19

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SARS was a tragic experience for the majority of us. Since 2003, there have been 9 councils serving the Hong Kong College of Orthopaedic Surgeons. Despite the memory of SARS remaining fresh in the memories of many council members serving over the past 17 years, no one had really expected a similarly deadly virus to attack Hong Kong again.

Unfortunately, the new coronavirus infection started in our neighbourhood in December 2019. The first confirmed case of COVID-19 was diagnosed in Hong Kong on January 23rd 2020.

But unlike during the times of SARS, this time, the medical professions in Hong Kong are much better prepared. We have a greater understanding on how to protect ourselves and our beloved ones. We vigilantly observe hand hygiene, personal protection and social distancing in Hong Kong. However, the life of the general public and health care workers have changed significantly since then.



During the Chinese New Year holiday in late January 2020, in view of the escalating epidemic in Mainland China and the first confirmed diagnosis of COVID-19 in Hong Kong, the council of the Hong Kong College of Orthopaedic Surgeons had decided to cancel and/or postpone all face-to-face academic meetings organised by the HKCOS, taking effect from February 1st 2020 onwards. The following college-organised activities were affected:

1. Face-to-face Saturday inter-hospital meeting (CANCELLED)
2. Face-to-face clinical tutorial (CANCELLED)
3. 2nd HKCOS Medical Education Forum (POSTPONED)
4. HKCOS GENERAL MEETING (POSTPONED)
5. HKCOS Post-fellowship Educational Day in KNEE - DAY TWO (CANCELLED)
6. HKCOS Specialty Day in Rehabilitation (POSTPONED)
7. Preparatory course of JSF examination in Orthopaedic Surgery in March (CANCELLED)
8. HKCOS and RCSEd Joint Specialty Fellowship Examination in May 2020 (POSTPONED)



Council 2002 - 2004



Council 2004 - 2006



Council 2006 - 2008



Council 2008 - 2010



Council 2010 - 2012



Council 2012 - 2014



Council 2014 - 2016



Council 2016 - 2018



Council 2018 - 2020

ONLINE MEETING

Threat and opportunity are two sides of the same coin.

Although the Council had to cancel all face-to-face academic activities from February 1st 2020 onwards, we quickly found a new way of conducting academic activities - **online meetings**.

The College hosted our first online inter-hospital meeting and our first online clinical tutorial on February 8th 2020 (i.e. one week after the cancellation of face-to-face academic meetings).

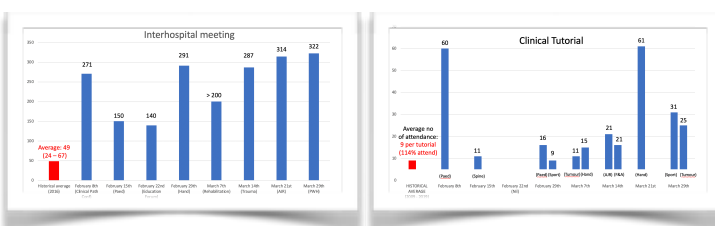


There was a record-breaking attendance of 252 participants for the online CPC meeting, and 60 participants for the online clinical tutorial on paediatric orthopaedics held on that day.

From February 8th to March 31st 2020, the College organised a total of eight online inter-hospital meetings.

The average attendance of the inter-hospital meetings was 247 (range: 140 to 322).

A total of eleven online clinical tutorials were held. The average attendance was 26 trainees per tutorial (range: 9 to 61). These figures compared favourably to our historical data (average attendance of inter-hospital meetings: 49 members per meeting; average attendance of clinical tutorials: 9 trainees per tutorial).



The council is very happy to see that these online activities are well received by our members in this difficult period of the COVID-19 pandemic.

CONCLUSION

The council is determined to foster the continued medical education of orthopaedic surgeons and to maintain a high-quality of orthopaedic training to our trainees. The College will be sure to fulfil these missions to the best of our abilities.

Last but not least, the College wishes the wave of pandemic to draw to an end in the near future such that we can resume our face-to-face academic activities as soon as possible. My best wishes to you, your family, Hong Kong and the whole world.

COMING EVENT

THE FIRST HKCOS WEBINAR

WHEN SICOT MEETS HKCOS

INAUGURAL SICOT-HKCOS ZOOM WEBINAR ON "MANAGEMENT OF ACL INJURY"

DATE: May 9th 2020 (Saturday); TIME: 2 pm – 3 pm (HK time)

Biological internal bracing with remnant preservation - My technique for ACL femoral avulsions

Double bundle ACL reconstruction with Hamstring graft

"I want my ACL reconstruction with peroneus longus"

How to optimize my ACL reconstruction technique?

ACL Reconstruction - Evidence Based Approach

Round table Discussion

