

Saturday Interhospital Meeting:  
Prime Time Cases and  
Controversies in Sports Injuries to the Foot & Ankle  
&  
HKCOS Post Fellowship Education Day on  
Controversies in Sports Injuries to the Foot & Ankle

*Hosted by The Hong Kong College of Orthopaedic Surgeons*

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**DATE:**

20 November 2021 (Saturday)

**TIME:**

Saturday Interhospital Meeting: 8:30 am to 10:00 am

Post Fellowship Education Day: 10:00 am to 4:00 pm

**FORMAT:**

Online ZOOM Meeting

Pre-registration Required

**ACCREDITATIONS BY HKCOS:**

Saturday Interhospital Meeting:

2 (Cat. A) / 1 (Cat. Rehab) CME/CPD Points; 2 Core Training Points

Post Fellowship Education Day:

5 (Cat. A) CME/CPD Points; 5 Regular Training Points





Time	Topics	Speaker
I.	<b>Making Sense of OCLT's</b>	
10:00 – 10:20	Does Size Matter?	Dennis Chan
10:20 – 10:40	Biological Resurfacing & Refilling	Wilson Li
10:40 – 11:00	Surgical Pearls on Metal Resurfacing	Niek van Dijk
II.	<b>Sports Trauma: Ligament Rupture</b>	
11:00 – 11:20	Augmenting Ligamentous Repair : Myth or Magic?	Wilson Li
11:20 – 11:40	Does Arthroscopy Really Make a Difference?	Niek van Dijk
11:40 – 12:00	Surgical Pearls on arthroscopic assisted ligament reconstruction	Samuel Ling
III.	<b>Sports Trauma: Tendon Rupture</b>	
12:00 – 12:20	My approach to tendon injuries in the Foot and ankle	S W Man
12:20 – 12:40	Does Tendoscopy Really Make a Difference?	Samuel Ling
12:40 – 13:00	Surgical Pearls on Tendoscopy	Niek van Dijk
IV.	<b>Sports Trauma: Hindfoot Problems</b>	
13:00 – 13:20	Hindfoot Arthroscopy: Current Indications, Techniques & Keys to Success	L F Tse
13:20 – 13:40	How to avoid complications in Posterior Ankle Arthroscopy	Niek van Dijk
13:40 – 14:00	Surgical Pearls for Posterior Impingement Syndrome	Patrick Yung

# HKCOS Post Fellowship Education Day

20 November 2021



Time	Topics	Speaker
V.	<b>Sports Trauma : MIS for Achilles Tendon Repair</b>	
14:00 – 14:20	Percutaneous Repair : Technique, Tricks and Tips	Wilson Li
14:20 – 14:40	Use of Endoscopy in Achilles Tendinopathy	Samuel Ling
14:40 – 15:00	Surgical Pearls on Achilles Tendoscopy	Niek van Dijk
VI.	<b>Post-traumatic Arthritis: Salvage, Fusion, Replacement</b>	
15:00 – 15:20	Distraction Arthroplasty : How and Where is the Limit ?	Dennis Chan
15:20 – 15:40	Different Approaches to Arthrodesis: Which is the New Gold Standard?	K H Ng
15:40 – 16:00	Surgical Pearls on Total Ankle Replacement	S W Man
16:00 – 16:20	<b>Q&amp;A to Panel Members</b>	
16:20	<b>Adjourn</b>	



**Chairman :**

*Dr. Wilson Li*

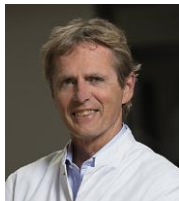
*President, HKCOS; COS(O&T), QEH*



**Co-chairperson :**

*Dr. Samuel Ling*

*Assistant Professor (Clinical), CUHK*



**Overseas Faculty :**

*Prof. Niek van Dijk*

*Emeritus Professor in Orthopaedic Surgery,  
at the University of Amsterdam, the Netherlands*